

Common Sense Parenting

Services: The Common Sense Parenting training model focuses on experiential learning. There are five training components that give parents an opportunity to learn and use the parenting skills in a neutral class setting before putting the skills to use at home with their children. The five components are - Instruction, Modeling, Practice, Feedback, and Review.

Common Sense Parenting (CSP) is a skills based parenting program that teaches parents practical and effective ways to increase their children's positive behaviors, decrease negative behaviors, and teach children appropriate alternative behaviors. Helping parents improve how they discipline and care for their children results in healthier, happier families and stronger parent-child relationships.

Community Collaboration: Staff at each of our sites will work closely with a variety of community partners and agencies to educate and inform them on community services available for families and youths.

Program Overview: The program utilizes the Family Centered System of Care principles in our approach to the delivery of services. Saint Francis believes that each individual and family is part of a greater system that helps support and guide them. Finding the strengths and assets of each individual and family is a guiding principal in the services provided. Utilizing the family systems of care in service delivery provides a wrap around approach for the children and families. This wrap around approach can include extended family member support, community based programs, faith-based programs and other identified services that would help the individual or family achieve their desired goals.

Population Served: Any parent(s) interested in acquiring needed skills and improving existing skills is served. The population served will include parents whose children are 18 and under.

Access/Referral Sources: Self referrals, parents referred by other community agencies, SRS, schools, law enforcement, juvenile justice, courts, probation services, and faith communities.

Geographic Area Covered: Reno, Rice, Harvey, Harper, McPherson, Kingman, and Sumner Counties.

Service Hours: Day and evening times to meet the need of the families served. Weekend times could also be made available.

Average Length of Program: 8 weeks, 2 hours each session. Individual sessions are also available.

Risk Factors for Services:

- Family in crisis
- Early initiation of anti-social behaviors in children
- Academic and behavior difficulty
- Inappropriate or ineffective parenting practices
- Poverty
- Lack of knowledge of child development



“There is always a moment in a childhood when the door opens and lets the future in.”
-Graham Green



Protective Factors for Services: Opportunities for learning and acquiring positive parenting knowledge and skills, nurturing positive parenting practices for each child that is age appropriate, acquisition of coping skills, decrease in violent behaviors and/or criminal behaviors by parents and children, family attachment, and interest and success at school.

Connecting
Families

Saint Francis Community Services
(800) 898-4903



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